

LUNCH MENU

Summer 2016

	Monday	Tuesday	Wednesday	Thursday	Friday
I	Chicken Fingers Mac & Cheese ♦Veggie Burger Broccoli Honey Dew Milk*	Soft Tacos w/ Ground Turkey ♦Refried Beans Shredded Cheddar Cheese, Corn Lettuce & Diced Tomato Pineapple Chunks Milk*	Bagged Lunch Turkey Club Sub Carrot Sticks Banana Goldfish Crackers Milk*	Bagged Lunch Chicken Ranch on a Kaiser Roll Cucumbers Apples Fig Newton Milk*	Elbow Macaroni Meat Sauce ♦Plain Sauce ♦Vegetarian (Soy) Meatballs Shredded Parmesan Green Leaf Salad w/ Balsamic Vinaigrette Pears Milk*
II	Chicken Hummus Grilled Pita Feta Chopped Lettuce/Diced Tomato Watermelon Milk*	Scrambled Eggs Yogurt Pancakes Tomato Slices Honey Dew Milk*	Bagged Lunch Turkey Ham & Cheese on a Kaiser Roll Cucumbers Banana Raisins Milk*	Bagged Lunch Sun-Butter & Jelly Sandwich Cheese Cubes Zucchini Sticks Apple Milk*	Chicken Brown Rice/Red Beans Peas Oranges Milk*
III	Chicken & Cheese Quesadilla ♦Bean Quesadilla Mini Corn Muffins Carrots Honey Dew Milk*	Elbow Macaroni Meat Sauce ♦Plain Sauce ♦Vegetarian (Soy) Meatballs Shredded Parmesan Green Beans Cantaloupe Milk*	Bagged Lunch Caesar Chicken Salad Sub Zucchini Sticks Banana Fig Newton Milk*	Bagged Lunch Tuna Sandwich Carrot Sticks Apples Ritz Crackers Milk*	Cheese Pizza Broccoli Cantaloupe Milk*
IV	Salmon Patties w/ Whole Wheat Roll ♦Veggie Burgers Tomatoes & Cucumbers Honey Dew Milk*	Chicken Fingers Mac & Cheese ♦Vegetarian (Soy) Meatballs Green Beans Cantaloupe Milk*	Bagged Lunch Sun-Butter & Jelly Sandwich Cheese Cubes Cucumbers Apples Milk*	Bagged Lunch Turkey & Cheese Sandwich Raw Snap Peas Bananas Goldfish Crakers Milk*	Veggie Lasagna w/ Whole Wheat Roll Peas Oranges Milk*

*Milk served is non-fat, or soy

All Meat Products are Chicken or Turkey
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♦ indicates vegetarian alternative